

THE TWELVE GATES

A SPIRITUAL PASSAGE THROUGH THE EGYPTIAN BOOKS OF THE DEAD



Guided by Derek R. Seagrief

70-Days Online Education & Training

The Journey Schedule:

Days 1–6: Introduction

Days 7–13: The Descent: Gate 1 – Apprentice

Days 14–20: Gate 2 – Apprentice

Days 21–27: Gate 3 – Apprentice

Days 28–34: Gate 4 – Knower

Days 35–41: Gate 5 – Knower

Days 42–48: The Re-Ascent: Gate 6 – Knower

Days 49–55: Gates 7–8 – Knower

Days 56–62: Gates 9–10 – Traveller

Days 63–70: Gates 11–12 – Traveller

The 12 Gates & the Ancient Egyptian death experience

We speak about the **Quality of Life** & if that exists then there must also be a **Quality of Death**. Quality is not found in “the good life” but in achieving the best we can with what we have, utilizing our potential as far as we can and knowing our full worth as a human being.

There is a right way to live our lives and equally there is a right way in which to die.

As a Seeker of Truth, how do you prepare yourself to meet the Great Adventure called Death? If the “hereafter” is proclaimed to be a “better life” by religions – then why do so many fear what they are told lies ahead?

Death can come as a friend, a release, a dream, a burst of glory, or it can be dreaded, feared and denied. Some people will think that learning about what happens after we die while we are still alive is a waste of time. We are so attached to the physical world that we have given the **Bardo** states no thought – and some may even think that they will not experience the **Bardo** (in-between states after & before physical birth). Obviously, this is a big mistake – because we can be 100% certain that we will experience it – and it’s very important to train for the **Bardo** while still alive, as preparing for it will ensure that we will meet its challenge skilfully. To work with these states, to reflect & meditate upon death is what we must learn to do if we are to get the most out of the experience when it comes.

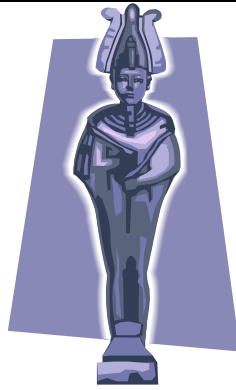
We know that the Ancient Egyptians had a sophisticated cosmology while simultaneously being intensely practical people. They understood, in a way that we do not, the science of immortality or eternal living. Their knowledge about preparing our various non-physical “bodies” for the world beyond was a timeless wisdom that is slowly being rediscovered by our 21st. Century. They made Maps of the Underworld or *Duat*, which we call “**The Egyptian Book of the Dead**”, but which they named – “**The Coming Forth By Day**”, to emphasize our Journey through the Night and our inner preparation for spirituality & illumination.

The aim of this passage through the 12 Gates of Night is that we become conscious of the guiding function of the inner Sun god or what they called “the inner great human”.

These teachings were written more than 4000 years ago and contain the knowledge necessary to reunite the individual soul with this inner guiding light. They practised this Journey and now today, we can do the same.

Each Hour has a Gate, a Name, a Guide and a particular Guardian. As a Hero’s Journey, these 12 Gates of the Underworld represent the demons, limitations & obstacles you have placed in your mind through your interpretation of experience. The Gates are about gods, goddesses, demons & monsters - they are all about YOU.

The Egyptian Night Journey is not to be read as *fact*, but instead, a symbolic integration or reintegration of the individual with society and the cosmic order. You must stay alert and turn your paired opposites (love-hate, sensitivity-insensitivity, good-evil etc.) to work for you and not against you, for they are all within you as the gods & demons. You will bring your fears on your Journey through the 12 Gates, not as weaknesses – but as strengths. You will be learning to acknowledge your fears and redirect the energy past the fear. Imagine the fear as some sort of physical boundary. When you get past this boundary – what could possibly be on the other side?



PRACTICAL INFO

How will this Online Education & Training achieve this?

We shall be utilizing the 12 Gates of the Underworld as a therapeutic process – a Hero's Journey. During your Journey through the Gates, you confront your demons in a very different way than when you have approached these appearances in the past. You will embrace them and use what they teach you in healthy, helpful and non-hurtful ways – and out of this will emerge a new social self.

You are an APPRENTICE on your first 3 trips through the Gates. Once you have completed your 4th. Trip you become a KNOWER and what you know about yourself is becoming clearer. Trips 5 through to 9 are the most meaningful because you open up to yourself and you begin to appreciate Self, others & Nature i.e.your connectedness to Life, along with an appreciation for being part of this Mystery Play. On the completion of your 10th. Trip you become a TRAVELLER or a person who effectively participates and observes the mystery as it unfolds in front of your eyes.

The practical details of this Online Training:

- The 70-Day period is an Ancient Egyptian tradition that we shall be honouring, divided into 10 periods of 7 days.
- You will receive via email written material associated with each Gate every 6 Days.
- Introductory material will be sent out when you Register to ensure that you are inwardly attuned to these "Ancient Egyptian" thought-forms or vibrations before the actual start of our 70-Day schedule.
- We shall experience an intensive 70-Day period so please ensure that you set time aside to work with the 12 Hours & Gates during each 6-Day period.
- With each instalment every 6 days you will also receive a Guided Visualization, making 12 visualizations that take you into the Hour & through each of the 12 Gates. This will come as a Dropbox file which you just download onto your computer.
- There will be three 60-90-minute mentoring/tutorial sessions offered during the Training – the first one during Days 14-20 (Gate 3); another during days 42-48 (Gate 7); and a final session at the end, Days 63-70 (Gate 12).

What background training is required from participants?

- A recognition that symbols are the pathways between the invisible worlds & the outer manifested world. The use of symbols enables traffic to flow both ways.
- An appreciation that the Ancient Egyptians were Masters in this technology and that we today can profit from exposing ourselves to their teachings.
- Always remember that the Journey is not the Destination – the Journey is the Experience. Understand the symbols in terms of what they mean to you – there is no right or wrong, for this is your journey and this is your preparation for spirituality & illumination.
- It helps to have or develop a good imagination. Meditational practice will prove essential. And the discipline to maintain focus & complete each Gate within the time period. Keeping a working Journal to note dream activity is recommended.
- A deep heartfelt desire to penetrate into the Mysteries of the Mind & Bardo states and to practice clear seeing.



Bio: Derek R. Seagrif

Has been taking Scandinavian groups, “*Exploring Eternal Egypt*” for +25 years and has written 4 books on the subject, including an historical novel on “*Akhenaton – Egypt’s Revolutionary Lover*”.

In December 2012 Derek’s 13th. book, “*Entry & Exit – Your Birth & Death Horoscope*” was published by ICA Books – Sweden’s biggest Mind-Body-Spirit publishers. Professional Astrologer for 33 years, teacher of Western Mystery Traditions, Leader of *The School of Living Kabbalah*, artist, alchemist & therapist, trained in PsychoSynthesis, Derek has an international client network focussed primarily in Scandinavia, UK & USA.

Price:

**Total payment for 70-Day intensive.....3330 Dkr. or
USA \$ equivalent.**

Total payment if you choose to go at your own pace...3330 Dkr.

Full payment when you Register, Bank details on request.

***Welcome to this pioneering Online Education, a truly unique experiential exploration of the 12
Gates, making Ancient Egyptian Teachings alive for 21st. Century Seekers!***

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